

MANALAGI COMMUNITY SURVEY INFOGRAPHIC:

SUPPORT SYSTEMS AND FAMILY

WHEN UNDER MENTAL **HEALTH DISTRESS, RESPONDENTS WOULD SEEK** SUPPORT FROM

FRIEND CIRCLES

TRUSTED FAMILY **MEMBER**

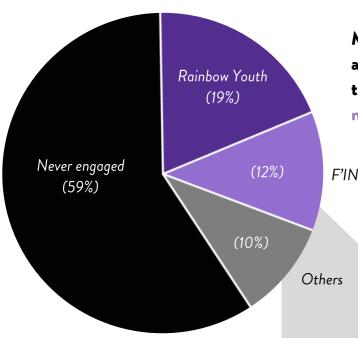
64% 23%



PARTNER

52% 20%

(n=701)

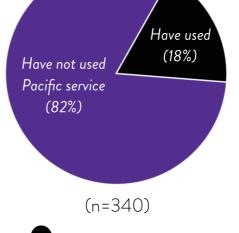


Most respondents have never engaged with a Rainbow+ provider. But for those who do, they seek help mainly for support with mental health and family.

F'INE Pasifika Aotearoa

Those who had not used a Rainbow+ service before had no need or were mostly unaware they existed.

(n=152)



Respondents who have used a Pacific service before reported that they used it because:

(n=201)

They felt comfortable around Pacific people

Pacific services

understands their worldview



FAMILY WERE SUPPORTIVE/VERY SUPPORTIVE OF THEM BEING **RAINBOW+**

The service was referred to them

HAD DISCLOSED THEIR RAINBOW+ IDENTITY TO OTHERS

INDICATED THEY DID NOT HAVE A **COMING OUT**

OF THOSE WHO CAME OUT, **TOLD THEIR MOTHER FIRST**

OF THOSE WHO DIDN'T COME OUT **FEARED DISOWNMENT**

INDICATED THAT THEIR FAMILY IS **DEPENDENT/VERY DEPENDENT ON** THEM FOR SUPPORT

INDICATED THEY HAD BEEN SUBJECTED TO CONVERSION **THERAPY**

Recommended citation: Thomsen, P., Brown-Acton, P., Manuela, S., Tiatia-Siau, J., Greaves, L., Wong, Z. (2023). Manalagi Community Survey Infographic: Support Systems and Family. The Manalagi Project Team: Auckland, New Zealand.

ISBN: 978-1-7386217-3-6